



Understanding Causes of Disease

Lesson plan

Starter activity	Learning objectives
<p>In groups, brainstorm answers to the following question:</p> <ul style="list-style-type: none"> • What are the main factors that affect a person’s health? 	<ul style="list-style-type: none"> • To consider what affects a person’s health. • To produce a list of the main determinants of health. • To explore global health inequalities and their effects.
Main activities	Resources required
<p>The class watches the video from Step 2.2 ‘What are the determinants of health?’</p> <p>Groups revisit the lists they made in the starter activity and count how many determinants they identified, then add any new factors that they discovered in the video.</p> <p>In pairs, students visit the Worldmapper website. Give a brief overview of how to use it and what it shows, before asking pairs to research and answer the following questions:</p> <ul style="list-style-type: none"> • In which countries are infant mortality rates highest and lowest? • Which countries have the highest burden of disease? • How could the determinants of health be used to explain the differences in health outcomes? • Is there a relationship between mortality rates and levels of spending on healthcare? <p>The class then discusses their answers and analysis of global health inequalities.</p>	<ol style="list-style-type: none"> 1. Device for watching video. 2. Pens and paper (or determinants could be put on post-its on flipchart paper) 3. Devices for using the internet and exploring Worldmapper. <p>Assessment for Learning The determinants of health that are identified. Answers to the questions based on Worldmapper research.</p> <p>Differentiation SEND: Videos have subtitles. Low ability: Peer-learning. Gifted and Talented: Peer-teaching.</p> <p>Plenary Individually, students write a short reflection on what they have learned today, answering the following questions:</p> <ul style="list-style-type: none"> • What were you surprised about? • What were you not surprised at – why? • What factors do you think contribute to causes of death in different parts of the world?

